

WASHINGTON POISON CENTER



Whitney Pennington, MPH
Education & Communications Specialist
wpennington@wapc.org, 206-517-2380

Jared O'Connor, almost-MPH
Health Education and Outreach Specialist
joconnor@wapc.org, 206-517-2396

Disclosure

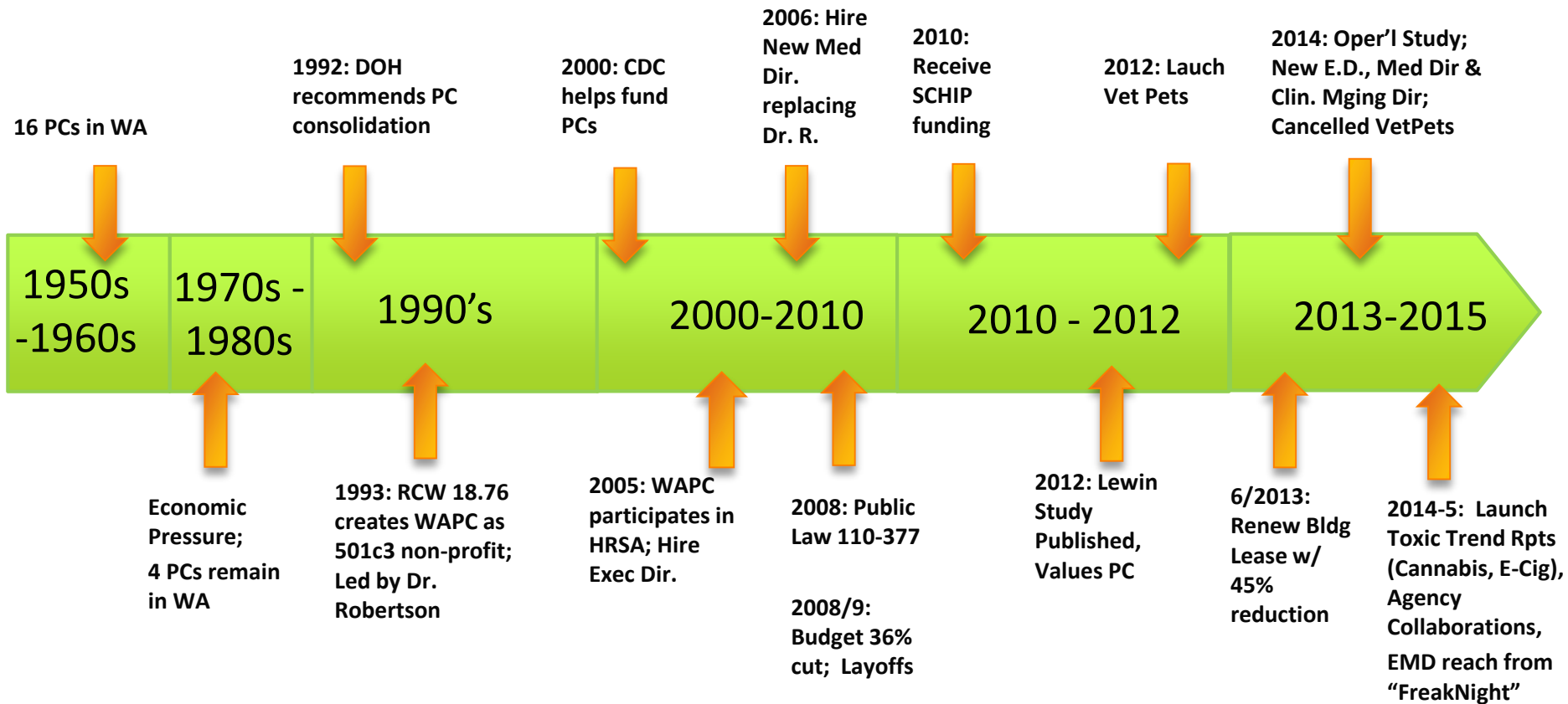
- We are *public* educators, not clinical
- We have an awesome job



Today

- Background on the Washington Poison Center
- Current state of affairs in WA
 - Children's Exposure Trends
 - Marijuana
 - E-Cigarettes
- What's on the Horizon
- WAPC Resources

Our History



Our Washington Poison & Drug Information Center Mission:

To prevent harm from poisoning
through expertise, collaboration,
professional, and public education



RCW 18.76 Poison Information system. Statewide
Program

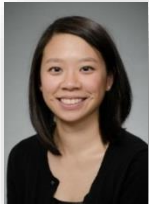
Public Law 110-377 Primary poison defense for U.S.
(1993)

Public Law 110-377 “Poison Center Support,
Enhancement, and Awareness Act of 2008”



On-Call Toxicologists

- 24 hour access to board-certified toxicologists with backgrounds in emergency medicine and pharmacology



Dr. Chen



Dr. Valento



Dr. Garrard

On-Call Board Certified Toxicologists:

- Dr. Melissa Halliday (Harborview)
- Dr. Suzan Mazor (Seattle Childrens)
- Dr. Scott Phillips (retired)

Certified Specialists in Poison Information

- PharmDs, RNs, PIPs with a combined 280+ years of experience

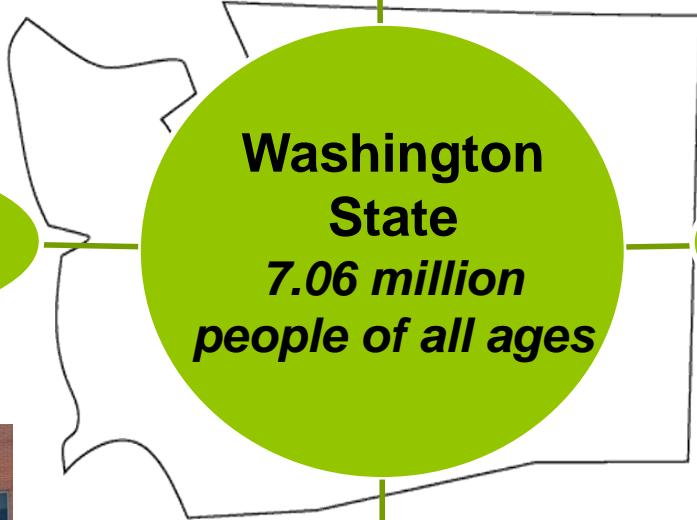


Who Do We Serve?



Federal/State/County
Departments of Health
and Agencies

Hospital
Emergency
Departments



EMTs/Paramedics/
Law Enforcement



Medical/Pharmaceutical
Training Institutions



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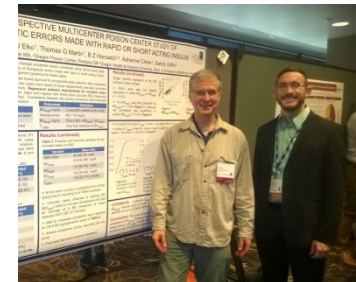
- **1-800-222-1222**
- We're for everyone
- We're free
- We're confidential
- We have interpretation services (including TTY) with over 150 languages
- Experts/medical professionals answer the phones
- Consults by Board Certified Toxicologists Any Time
- We're always open 24/7/365



Our Growing List of Key Partnerships and Stakeholders

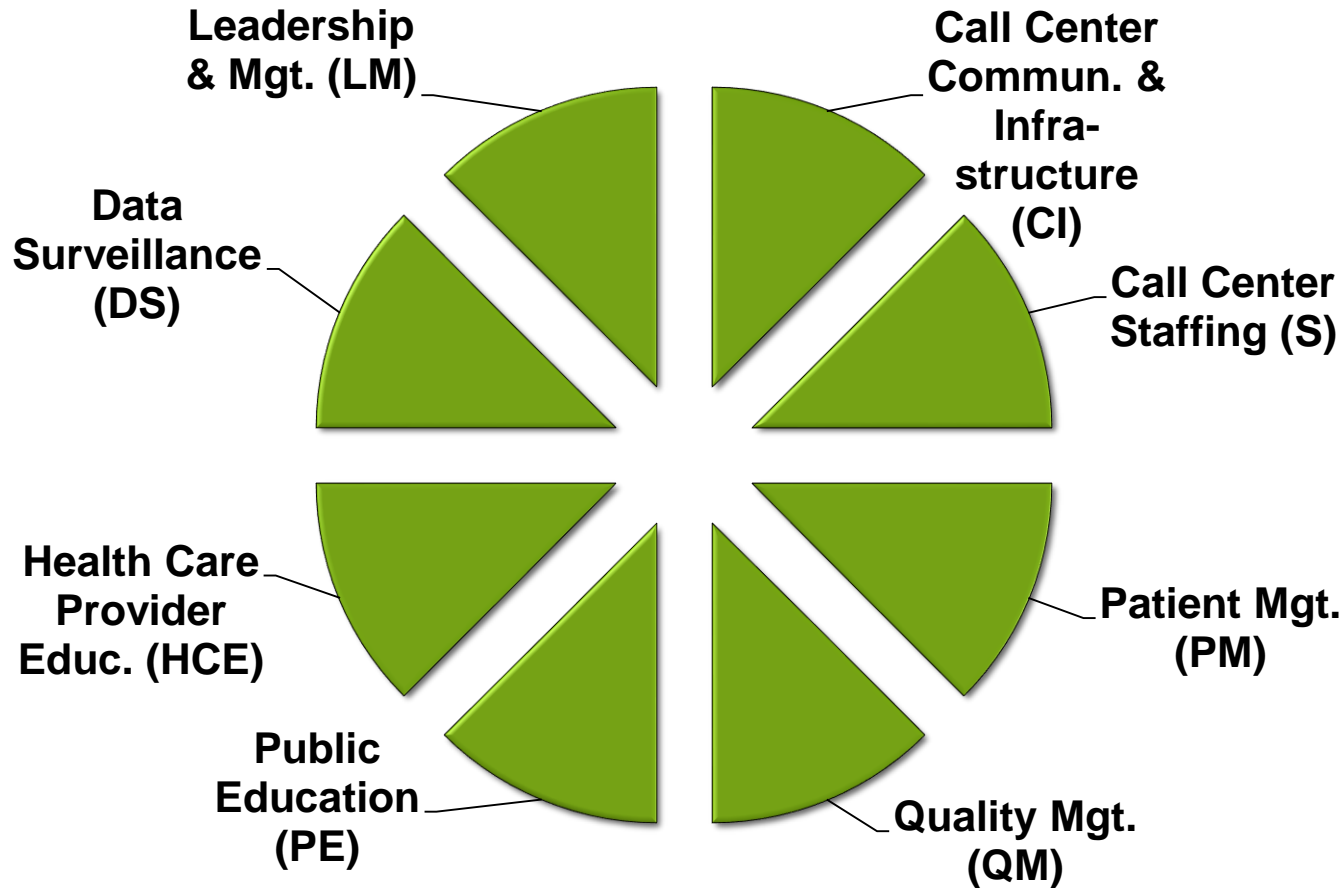


- **AAPCC** and other **Poison Centers**
 - National Accreditation
 - National Meeting (abstracts, presentations, CME, legislative issues)
 - Weekly Teleconference to review cases
 - Upload of data to NPDS servers for surveillance
 - Call coverage with Oregon PC for staff meetings, in-service training
- **Board of Directors**
- **Associations** (WSHA, WSPHA, WHY Coalition, WA PTA, NWHRN, West Reg EMS)
- **County/State Agencies** (County Public Health, PMP, EMS, DSHS, Safe Kids, DOH, HCA, LCB, Radiation, EMS Trauma Steering Committee, WA State Patrol-Tox Section, Environmental Health, Legislators, PHSKC)
- **Federal Agencies** (CDC, DEA, Nat'l Early Drug Warning System)
- **Medical/Pharmacy Programs** (UW School of Medicine, WSU School of Pharmacy, TCC Paramedic program, Creighton, Madigan, UW School of Public Health)
- **Non-Profits** (YMCA, Crisis Clinic, Within Reach, Woodland Park Zoo, 501 Commons, etc.)
- **Health Care Facilities**



Nationally Accredited by AAPCC

New 8 Essentials of Accreditation



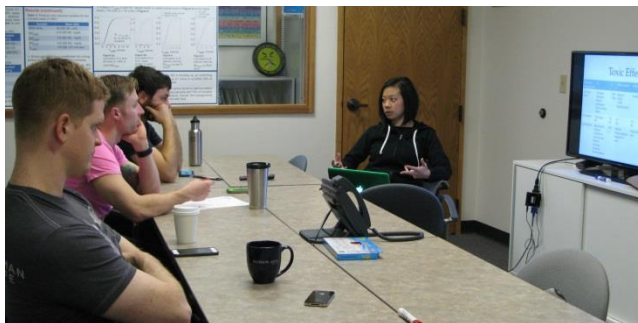
Education Outreach including Lobbying



WAPC Rotation Program



- Structured Multi-week Programs for Medical & Pharmacy Students/Residents/Fellows
 - Didactic lectures
 - Clinical Experiences
 - Field Trips (Aquarium, Woodland Park Zoo, Reptile Zoo, Marijuana Dispensary, etc.)
 - Participation in Daily Call Center Activities (ex: Callbacks, triage, low acuity cases)
 - Projects (Research or Toxicologist-mentored Clinical Guideline Development)
 - Journal Club
 - Post Rotation: WAPC Ambassador, Posters, Presentations, Publications
- One-day Experiential Rotation for Paramedic Students (with possible room for future expansion)



2014 WAPC STATS

keeping people at home

Translation support is available in over 150 languages, and there are also resources to help with the deaf and hearing disabled.



Over 59% of poison center users **would have visited** the ER or called 911



63,728 calls answered by **WAPC**

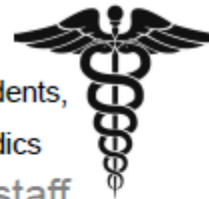


50,000+ people were reached through **education efforts** at community programs and events



56% of all calls concerned **a child under 6 years old**

Over 36 Medical Residents, Pharmacists and Paramedics trained by WAPC staff



Every \$1 spent on the Poison Center is a **savings of \$13.39**

91% of all household cases are treated **@ home**



WAPC Electronic Medical Record

Toxicall® - [Case #] 2014 [ADDERALL XR - 10 MG]

File View Supervisor Window Help v4.7.34 Washington Poison Center

Medical History as pertinent:

- Symptoms since exposure: see above
- Treatment already provided:
- Amount Justification:
- Calculations (omit if redundant with Toxicall):
- Assessment (risk to patient):

Doxepin TD > 4 mg/kg
at risk for:

Signs/Symptoms:

- 1) Airway: the airway may be compromised due to seizures and CNS depression.
- 2) Pulmonary: respiratory depression in severe cases.
- 3) Cardiovascular: major site of toxicity. May see tachycardia (early), wide QRS complexes (later), bradycardia (very late), and hypotension that may be refractory to fluid boluses.
- 4) CNS: agitation may be an early finding; the patient may develop seizures and/or coma in severe poisoning.
- 5) GI: decreased bowel sounds, may see delayed gastric emptying.

Adderall - estimated 450 mg XR
1) MILD TO MODERATE POISONING: Hyperactivity, diaphoresis, flushing, mydriasis, nausea, vomiting, abdominal pain, hypertension, palpitations, tachycardia, chest pain, headache, hyperventilation, and confusion.
TD > 0.5 mg/kg

Wellbutrin 150 mg ER
at risk for GI Sx, seizures - delayed, tachycardia, QT prolongation, serotonin syndrome.
TD acute on chronic adult > 2 times normal daily dose
normally takes 2 / day

Caller Data

Name: RN
Phone: [REDACTED]
Addr: [REDACTED]
Whitman
Rel: Registered Nurse

Exposure Info

Exp Time: 6:45:00 PM
Acuity: A/C: unknown
Tx Option:

Patient Data

Name: [REDACTED]
Phone: [REDACTED]
Addr: [REDACTED]
PMD: [REDACTED]
Spec: Human
Gen: Male
Age: 20 Years
Weight: [REDACTED]
Index: [REDACTED]

MIE Patients

Call Information

Exposure: [REDACTED] Call Type: [REDACTED]
Int - Susp suicide Reason: [REDACTED]
Own residence Exposure Site: [REDACTED]
Health care facility Caller Site: [REDACTED]
Call Site Code: [REDACTED]
Start Date: [REDACTED]

Routes: [REDACTED]
Ingestion: [REDACTED]

No.	Verbatim (4)	Description	Qty Units	Conc Units	Per Units	Certainty	Formulation	PDX Code	Generic Code
1	Adderall ER 10 mg	ADDERALL XR - 10 MG CAPSULE from SHIRE PHARM	45 tabs / p			estimate	Solid (tablets /	6172938	0001000
2	Doxepin 10 mg	DOXEPIN	1 unknown			estimate	Solid (tablets /	3184928	0066734
3	Wellbutrin 150 mg ER	WELLBUTRIN SR 150 (IMPRINT CODE); WELLBUTRI	1 unknown			estimate	Solid (tablets /	5507946	0310019
4	Fluoxetine 10 mg	FLUOXTETINE	4 tabs / pil			estimate	Solid (tablets /	3334185	0310011

Clinical Effects

Hypertension (R)
Tachycardia (R)
Electrolyte abnormality (R)
Hallucinations/delusions (R)

Therapies

Benzodiazepines (R/P)
Fluids, IV (P)

Scenarios

Medical Outcome / Management Site

Outcome / Dur: [REDACTED]
Mgmt Site: In: Admitted to critical care unit
Initial HCF: [REDACTED]
Final HCF: [REDACTED]
Primary Center: [REDACTED]

Free Areas

1: [REDACTED] 3D: [REDACTED]
2A: [REDACTED] 3E: [REDACTED]
2B: [REDACTED] 3F: [REDACTED]
2C: [REDACTED]
 Industry Case
 Override AAPCC Validation

UCF Data (0)

Link Case Files (0) Labs (0)

WAPC's Top 10 Lists for 2015



Top 10 Categories in Pediatrics (< 13 years)

1. Cosmetics/Personal Care Products
2. Household Cleaning Substance
3. Analgesics
4. Foreign Bodies/toys
5. Topical preparations
6. Vitamins
7. Plants
8. Dietary Supplements/Homeopathic
9. Antihistamines
10. Gastrointestinal preparations

Top 10 Categories in Adults (> 19 years)

1. Analgesics
2. Sedative-hypnotics and BZDs
3. Antidepressants
4. Cardiovascular drugs
5. Cleaning substances
6. Alcohols
7. Pesticides
8. Anticonvulsants
9. Hormones
10. Antihistamines



Look-a-Likes



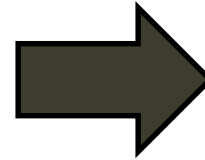
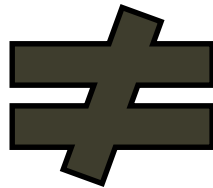
Children's Health Research

- Poison Center's across the country participate in human subjects research
 - Laundry Pods
 - Storage
 - Colors of product
 - Acetaminophen
 - Packing
 - Medicine Referred to as “candy”
- Data available through the AAPCC and National Poison Data System (NPDS)



Source: NPR

Unintentional Misuse



Frank used Superglue instead of eye drops

Unintentional Misuse includes those mistakes that result in using the wrong cosmetic products. Examples include using super glue instead of eye drops or brushing teeth with muscle cream instead of toothpaste.



General Unintentional Mistake Household Scenario



Bob accidentally drank bleach

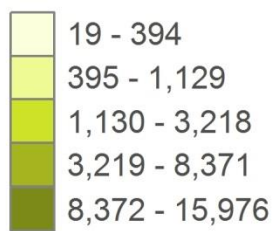
General unintentional mistakes are those things that just happen. For the most part this is an exposure type that captures mistakes made by children and older adults who have Dementia or Alzheimer's.

All Poisonings in WA for 2014

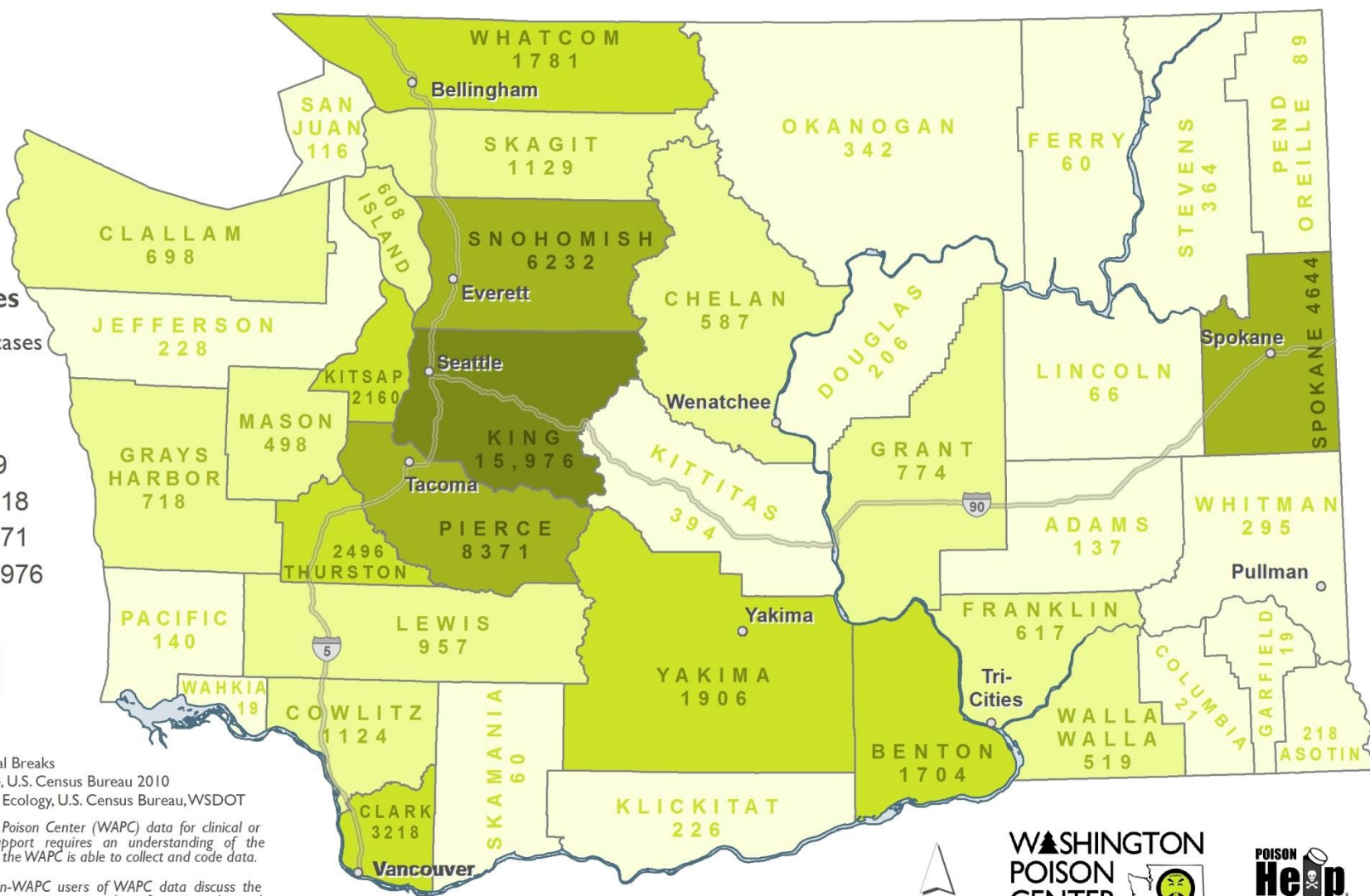
*Raw count, not incidence

All Substances

2014 number of cases
(by county)



COUNTY NAME
CASES



Created: April 2015
 Classification: Jenks Natural Breaks
 Data sources: WAPC 2014, U.S. Census Bureau 2010
 Map sources: WA Dept. of Ecology, U.S. Census Bureau, WSDOT

The use of the Washington Poison Center (WAPC) data for clinical or epidemiological decision support requires an understanding of the underlying premise by which the WAPC is able to collect and code data.

It is recommended that non-WAPC users of WAPC data discuss the results with WAPC leadership prior to using the information obtained for patient care or decisions related to public health initiatives.



Marijuana



Marijuana in WA State

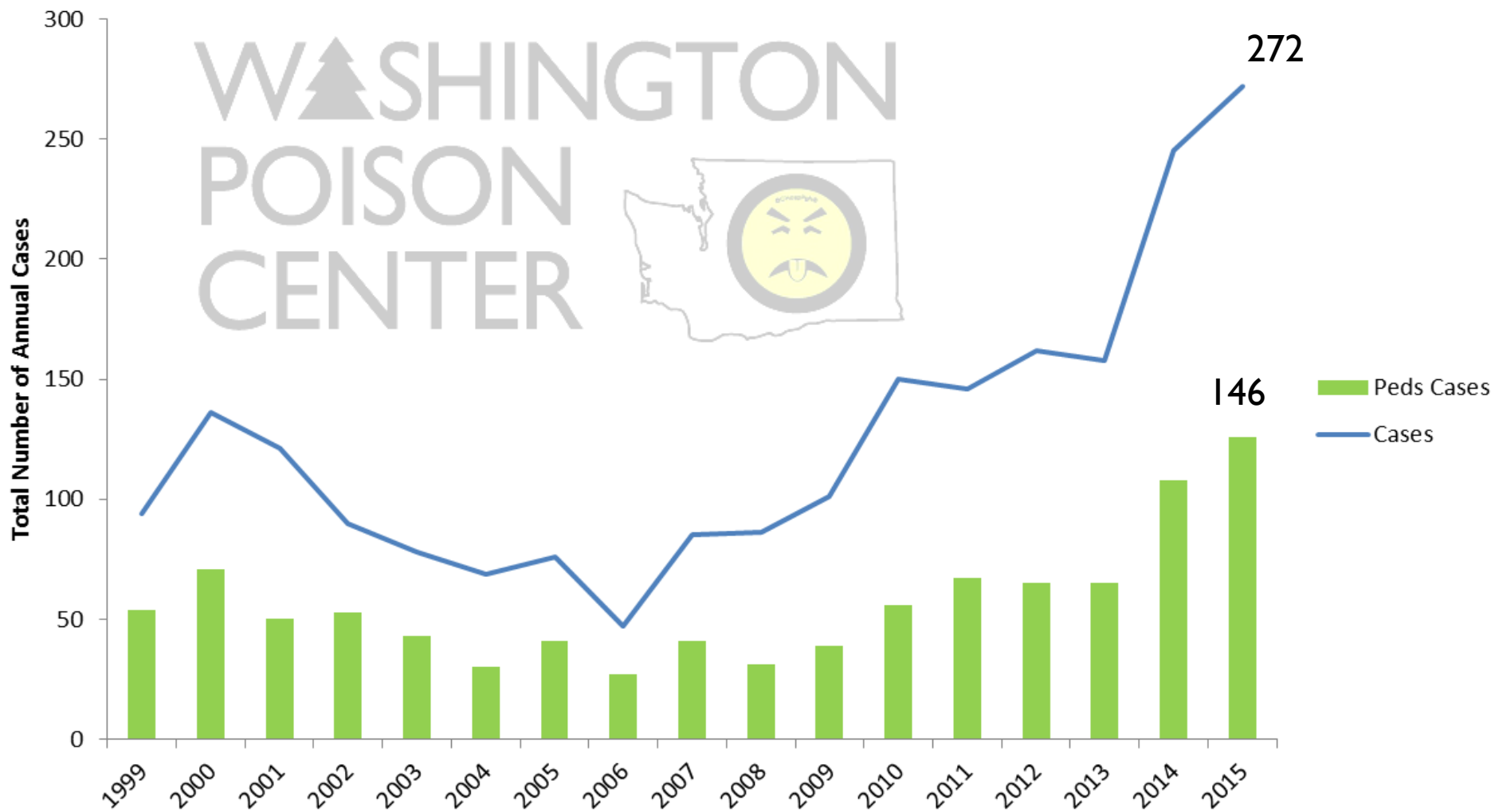
- **I-502 (passed 2012)** legalized recreational marijuana use
 - Removed state-law prohibitions against production, processing and selling of marijuana
 - Allowed limited possession of marijuana for 21+
 - Established a basic system of taxing marijuana
- Individuals 21 years and older may possess and use...
 - 1 ounce of usable marijuana
 - 16 ounces of marijuana-infused product in solid form; or
 - 72 ounces of marijuana-infused product in liquid form.
 - Marijuana-related drug paraphernalia.
- **I-692** permitted patient with certain medical conditions to use medical marijuana (passed 1998)
 - **Technically illegal under WA and federal law to possess, buy or sell medical marijuana**
 - Provides an affirmative defense to criminal prosecution if a qualified patient possesses the allowable amount

Marijuana Edibles

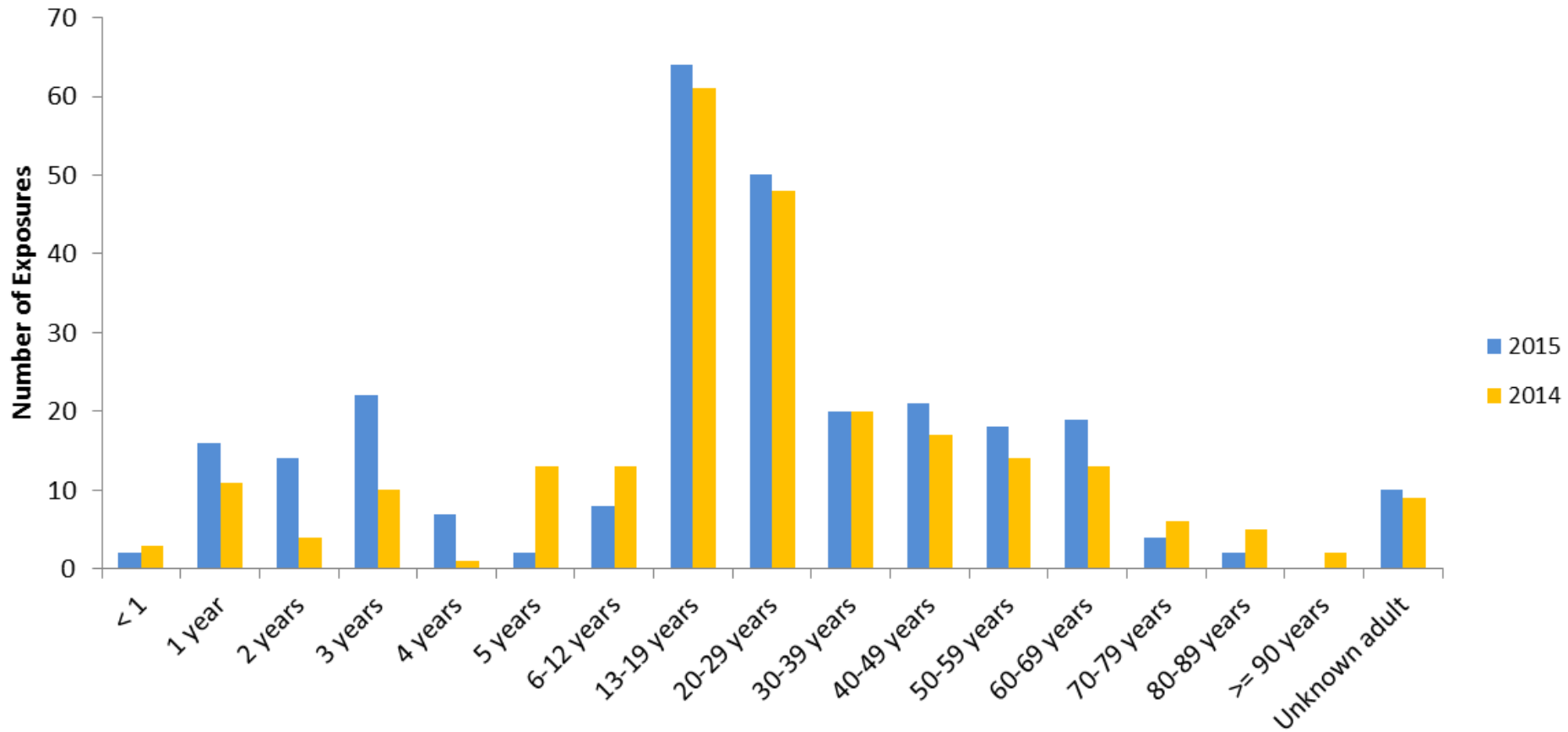
- Recreational highly regulated i.e. few edibles
 - Medical marijuana largely unregulated with many different edibles
- Approximately 1,700 medical marijuana dispensaries in Washington
- No standardized packaging, labeling, warning labels
- Product branding attractive to pediatrics
 - Gummy Bear, Cookies, Brownies and familiar “product” identicals like pop tarts, candy bars, etc.



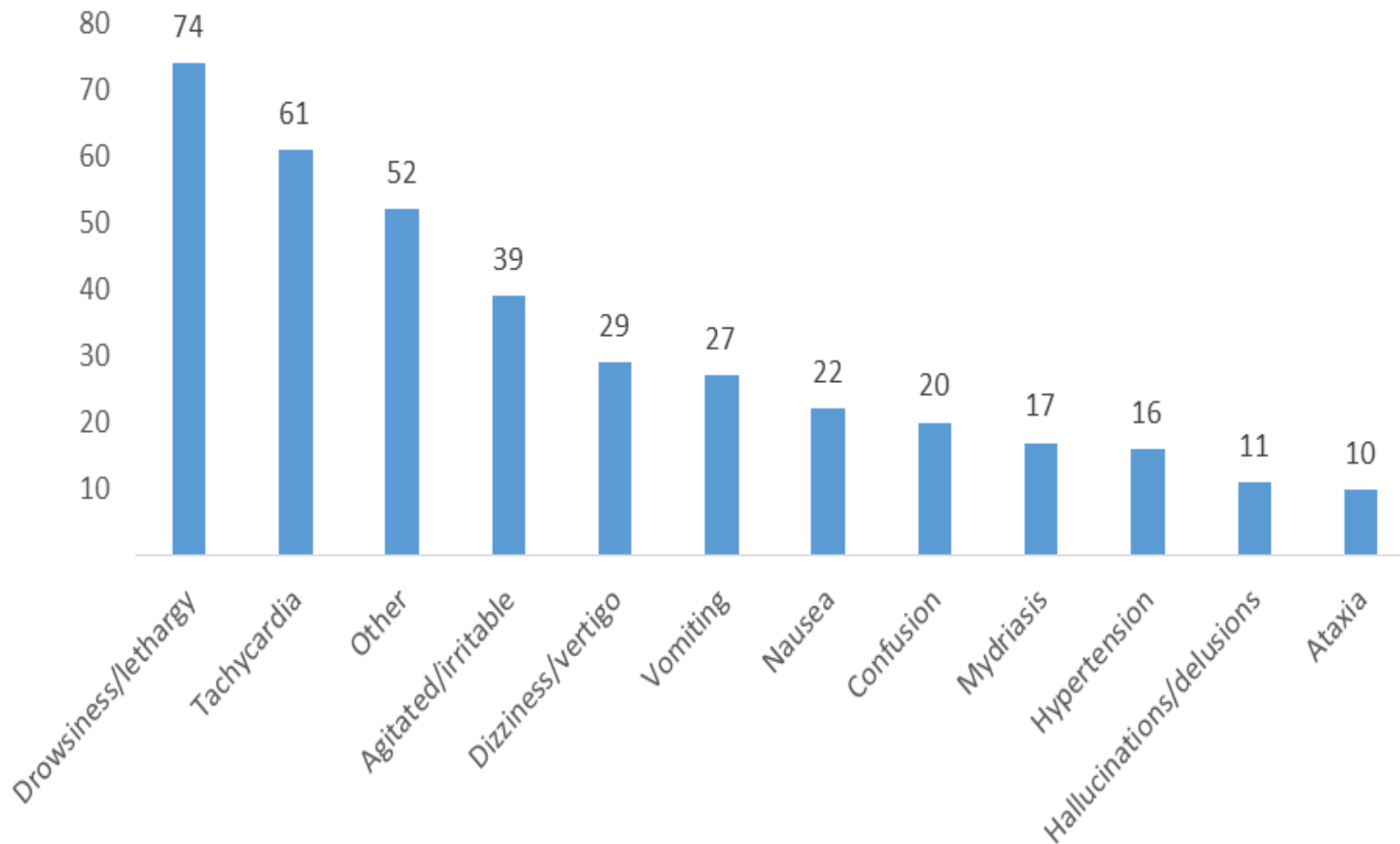
Annual Marijuana Cases from 1999 to 2015



Marijuana Exposures by Age for 2014 and 2015



Top Ten Marijuana Clinical Effects



Marijuana Rules & Policy

- The Liquor Cannabis Board has proposed a rule require all Marijuana infused products to be labeled with Mr. Yuk
 - No working with an advertising agency to come up with a “Warning Label”
 - Cannabis industry representatives will take part in the discussion
- New study in the works



E-Cigarettes?

USNews A WORLD REPORT **HEALTH**

Home Hospitals Doctors Health Insurance Nursing Homes Diets Health & Wellness

The Dangers of E-Cigarettes – and How to Protect Your Kids

Experts worry that e-cigs will contribute to a new generation of young people becoming dependent on nicotine.



(StockPhoto)

E-cigarettes can be extremely hazardous to young children.

By Sophie Balk, M.D. | July 6, 2015 | 7:00 a.m. EDT

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Smoking cigarettes?

theguardian

ports soccer tech arts lifestyle fashion business travel environment science [≡ browse all sections](#)

Vaping: e-cigarettes safer than smoking, says Public Health England

Government body says vaping can make 'significant contribution to endgame of tobacco' and raises concerns about length of licensing process



Kevin Fenton, director of health and wellbeing at Public Health England, explains why e-cigarettes are better for smokers than tobacco

Vaping is safer than smoking and could lead to the demise of the traditional cigarette, **Public Health England** (PHE) has said in the first official recognition that e-cigarettes are less damaging to health than smoking tobacco.

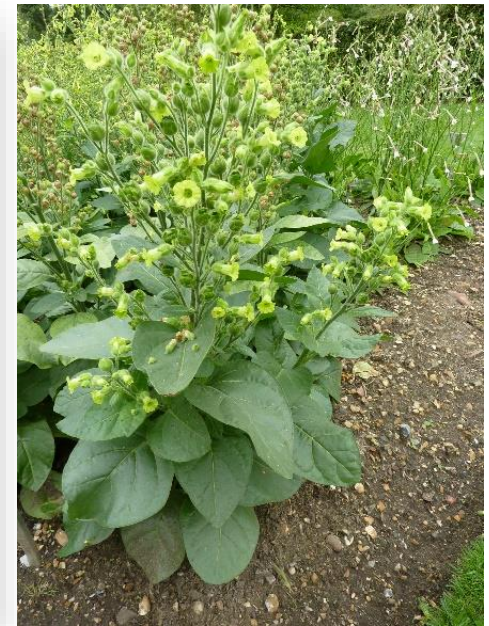
The health body concluded that, on "the best estimate so far", e-cigarettes are about 95% less harmful than tobacco cigarettes and could one day be dispensed as a licensed medicine in an alternative to anti-smoking products such as patches.

Most popular in US

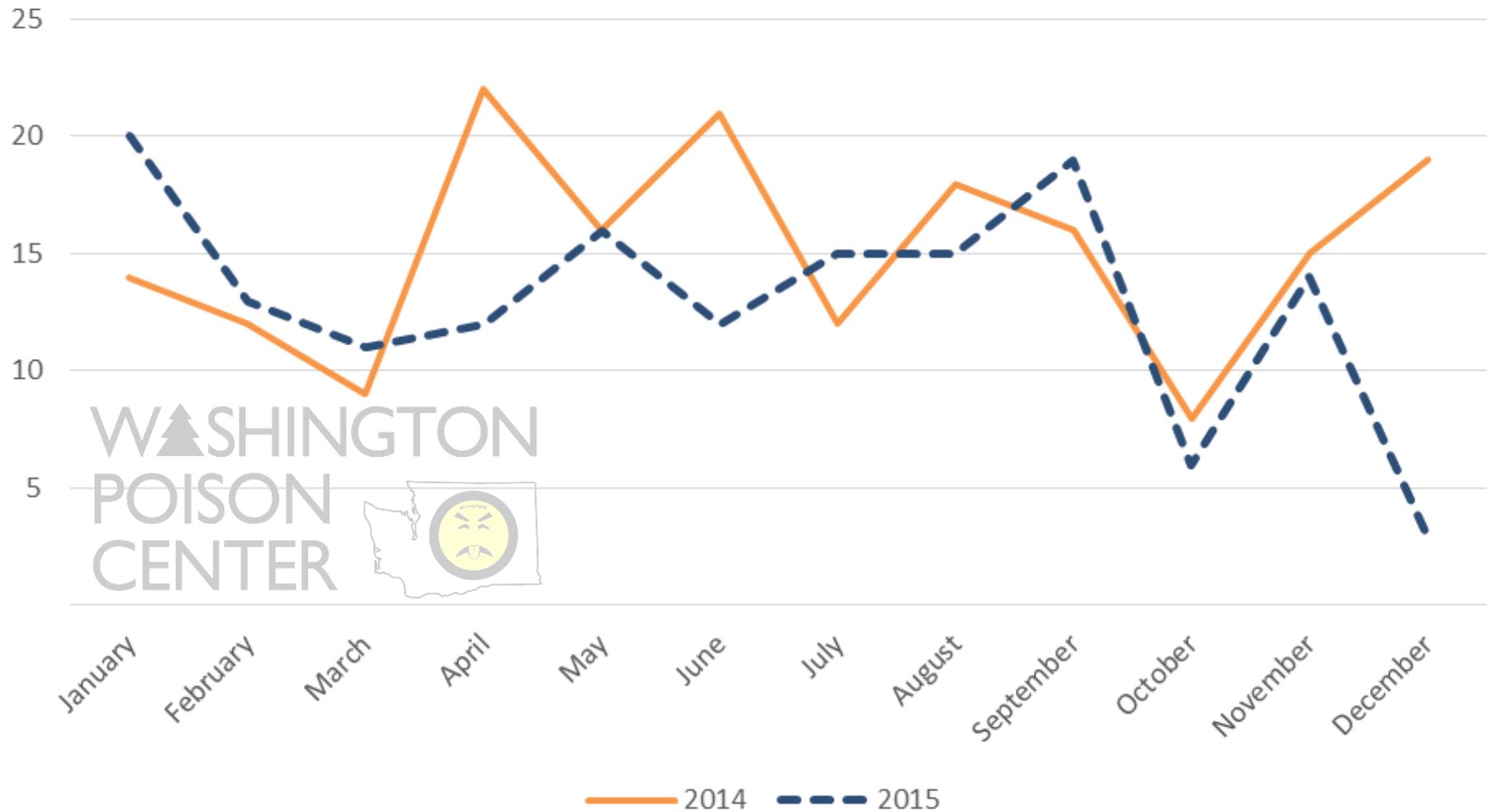
-  Student accused of being a terrorist for reading book on terrorism
-  Hajj pilgrimage: more than 700 dead in crush near Mecca
-  Pope Francis departs for New York after challenging Washington power - live
-  Pope Francis electrifies Congress with speech laying out bold vision for US
-  I settled your Brooklyn neighbourhood and now you're dissing me?

E-Juices

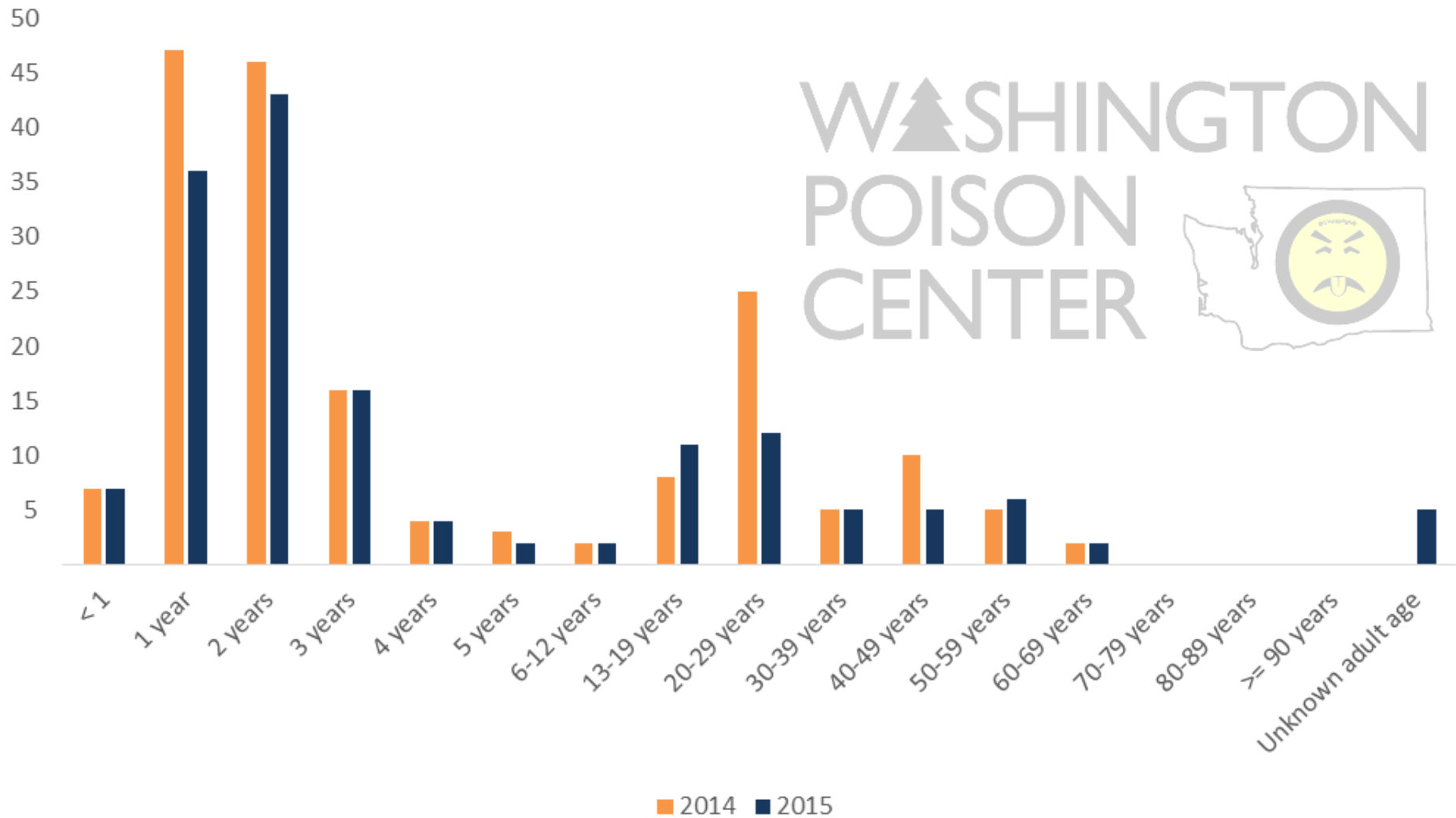
- Liquids or “Juices” typically have 4 ingredients:
 - Liquid nicotine
 - Propylene glycol
 - Vegetable glycerin
 - Flavoring



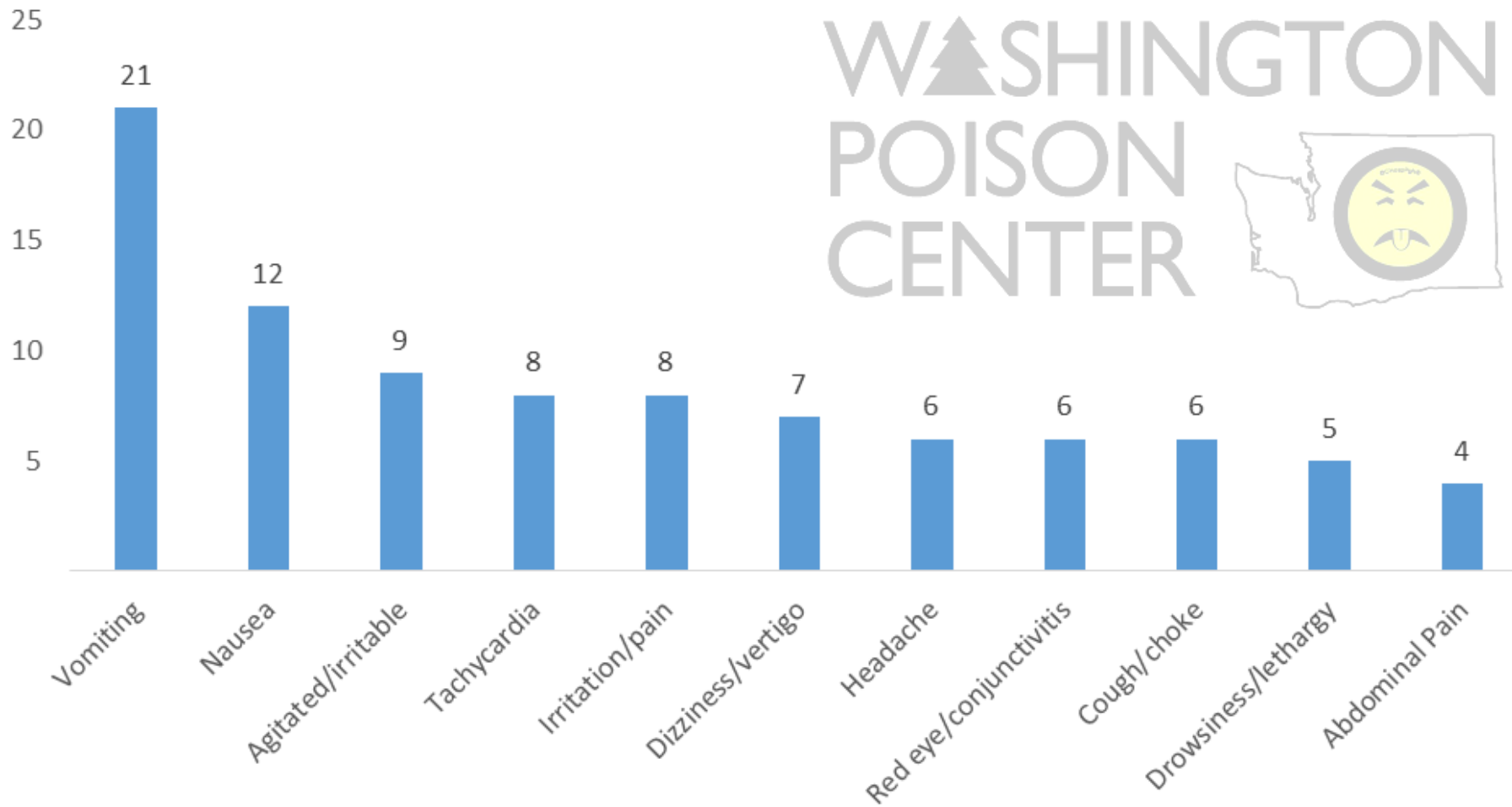
E-Cigarette Exposures for 2014 - 2015



Age Distribution of E-Cigarette Exposures for 2014 - 2015



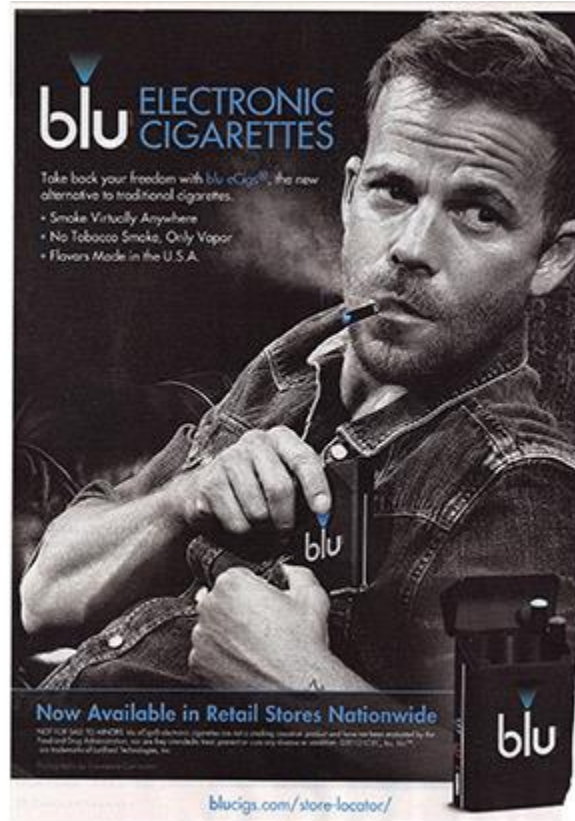
Top Ten Clinical Effects from E-Cigarettes



WAPC E-Cigarette Policy

- Educating legislators and advocating for safer products
 - Child Resistant Packaging
 - Better labeling (ingredients, concentrations, etc.)
 - Candy-like flavors

- Related Issues
 - Taxation
 - Vaping in public
 - Advertising



Lesser Known Capabilities

- Training programs for MDs, PharmDs, and soon RNs
- Mandatory reporting agencies for pesticide exposures
- Emergency Preparedness
 - Measles in Spokane, Spring 2015
 - Chemical Spill in Spokane, July 2015
 - Staff work 30% of time from home
- Work with Electronic Dance Music Community
- Data sales

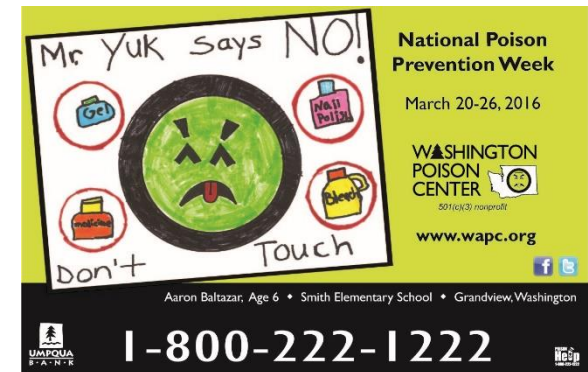
What's on the horizon for the WAPC?

- Interviewing permanent Medical Director
- Expanding role with Emergency Preparedness
- Utilizing GoToMeeting for Education Outreach (clinical with CME credit and non-clinical) to reach all parts of WA
- Expanding Rotator program
- Expanding Reporting of Trends, Statistics (GIS)
- Serving more Regional PC Needs (WWAMI network)
- Finding new funding sources (as CHIP funding will end)
 - Data Studies and Data Sales
 - Material Safety Data Sheets
 - Research Studies
 - Hospital Specific Programs

Shameless plugs

- Sign-up for our email updates:
<http://www.wapc.org/toxic-trends/>
- We're on social media: @MrYukWA
- Save the Date:

Poison Prevention Week is March 20-26



Program Your Cell Phone! WAPC is your 12th Fan for Accidental Exposures



1-800-222-1222

Toll-free, Confidential Poison Center Number

Additional Contacts

Carrie Ulvestad

Executive Director

culvestad@wapc.org, 206-517-2357

Dr. Alexander Garrard

Clinical Managing Director

agarrard@wapc.org, 206-517-2356